

#### SPECIAL POINTS OF INTEREST:

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SNAP Kid Safety Zone

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**SNAP Safety Hot-**line

# June 2004

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### SNAP Rules for Safety—Manage Conflict and Reduce

# SNAP\ Site Naishan Warman Sarah

### **Physical Violence**

Irritated? Frustrated? Angry? Ready to explode? You're not alone. Whether it's an argument with a spouse or friend, aggravation because a driver cuts in front of you, or a disagreement about the best way to do your job- conflict is a part of everyday life. Conflict produces stress, hurts relationships, and causes injury or death. We can't always avoid conflict but we can learn to manage it without violence. That way, we use conflict to improve our lives and to learn from past mistakes.

### What skills do you need to manage personal conflict?

Understanding your own feelings about conflict. (This means recognizing your "triggers," words or actions that immediately provoke anger)

Active listening. Go beyond hearing just words; try to understand what the other person is saying.

Generating options for resolving a conflict. (Instead of fighting or avoiding the problem, brainstorm all ideas that might resolve the argument)

### Moving away from confrontation toward agreement

Look at your response to conflict. If your style isn't working-try to change!

State your needs and define the problem. Talk about the issues without consulting or blaming the other person.

Together, discuss various ways of meeting needs or solving the problem. Re-

member to be flexible and open-minded.

Decide who will be responsible for a specific action after reaching agreement on a plan.

#### Tips for Making Peace

Choose a convenient time!

Plan ahead!

Talk Directly!

Don't blame or name-call!

Give information!

Listen!

Show that you are listening!

Talk it through!

Work on a solution!

Follow Through!

SNAP is dedicated to making the 80th a safer place to live! For more information contact our

# SNAP Survey Now Available through I.C.E.

SNAP has been working hard to assess the needs and safety concerns of service members and their families, now with new technology this assessment has become a little easier! The Interactive Customer Evaluation (ICE) system is a new web-based tool that collects feedback and ser-

vices provided by various organizations throughout the Department of Defense. This service allows families to quickly and easily provide feedback, safety concerns and/or issues to SNAP electronically.

To participate in the SNAP sur-

vey using ICE please feel free to visit:http://ice.disa.mil/index.cfm? fa=service\_provider\_list&site\_id=4 20&service\_category\_id=29; scroll down to SNAP and fill out the SNAP comment card. For more information about SNAP please feel free to contact Marcia DeVille at 068-27-6143.



SSG. Angel, PMO Force Protection Coordinator

# Force Protection Tip of the Month

Summer is almost here in the Benelux. This time of year the days are long. The sun is up when I get up in the morning and it is still up when I go to bed at night, and it seems that kids are always playing outside my window.

With the long days and school coming to a close for the summer Force Protection applies to the kids now more than ever. Make sure that your children follow good Force Protection rules while

they are out playing in the neighborhood. It goes beyond not talking to strangers, tell them to watch suspicious activity and go directly to you when they are not sure about any situation.

Make them check in on schedule so that you can know if something might have happened. Be mindful of their clothing so they do not stand out so much as an American. While you are shopping downtown, keep them with you at all times, never leave them unattended while you are in the city because if you drop your guard you will not know when a terrorist can strike.

For more information regarding Force Protection as it applies to Children of the 80th please feel free to contact SSG. Angel at 068-27-5300.

And remember Force Protection is everyone's responsibility!

"Remain as
cautious of mail
delivered through
the host nation
postal system as of
mail received
through the
military postal

## SNAP Safety Topic—Suspicious Packages

In the end, most suspicious packages turn out to a have a harmless explanation or are hoax threats. However, U.S. personnel in Europe need to be aware of potential threats and these tips will help you recognize and safely handle suspect mail that could contain a bomb or biological threat. Here are some indicators that you may have a "Suspicious Article":

Letter or package marked with unusual text or threatening message.

Envelope with powder and powder spills out onto surface.

Droplets of oily film or stains on envelope or wrapping paper.

Unexplained or strange odors.

Mail with handwritten or poorly typed addresses

Mail that shows a city or state in the postmark that doesn't match the return address.

How to Handle Suspicious Articles:

#### **ALWAYS STAY CALM**

Do not try to open any suspicious envelopes or packages

Do not shake or empty contents.

If you think the envelope or package contains a bomb, carefully put the package down, LEAVE the room, Close the door and prevent others from entering. If the

envelope contains suspicious substances, place the envelope or package in a plastic bag or some other container to prevent leakage.

If you are at HOME, report the incident to military police or local medical authorities. If you are at WORK, then notify your building security official or supervisor and report the incident to local medical authorities or MP's.

SNAP wants you to remain cautious of mail delivered through the host nation postal system as of mail received through the military postal system.

For more safety info on this topic please feel free to contact Marcia A. DeVille, SNAP Program Coordinator, at 068-27-6143.

# **SNAP Kid Safety Zone**



SNAP wants to provide you with a few Safety tips to help safe guard your children against crime. .We want to focus on the young 80th ASG population (ages 10 & below). Parents emphasize these tips to your children!

In this segment SNAP has come up with questions to ask yourself to help ensure safety for your children. Use the following as a check list to guarantee that you are meeting basic safety needs .

- Have school officials been advised that children are not to be released to strangers under any circumstances?
- 2. Have your children been instructed not only to refuse rides from strangers, but also to stay out of reach if a stranger in a car approaches them?
- 3. Have you located the children's rooms in a part of the residence that is not easily accessible from the outside?
- 4. Do you keep the door to your children's room open so that you can hear any unusual noises?
- 5. Do you ever leave your children at home alone or unattended?

- 6. Are you sure that outside doors and windows leading into the children's room are kept locked, especially in the evenings?
- 7. Have you taught your children the following?

Never let strangers into the house.

Avoid strangers and never accept rides from anyone they do not know

Refuse gifts from strangers

Never leave home without telling an adult where and with whom they are going

How to call the police

To tell you if they notice a stranger hanging around your



Those are just a few questions to help you get started on Safe-guarding your children. SNAP wants to emphasize that it is important to develop a family security program including duress codes, crime watch practices and conscious efforts to avoid patterns in daily activities.

Remember Crime Prevention starts with you, for more information on this topic please contact SNAP at 068-27-6143.



# Message from the Provost Marshal

Several issues have come from the USAREUR Provost Marshal's office that I will share. First, is the USAREUR policy and campaign on Sexual Misconduct. Sexual misconduct is not accepted and goes against our Army values. Awareness programs, resources, and training will be forthcoming to help Commanders combat sexual

misconduct if it occurs within their unit. Second, with troops returning from OEF and OIF, motorcycle sales have tripled when compared to previous years. Motorcycle drivers need to have a motorcycle license, motorcycle safety foundation training within the last 6 months, and wear the proper safety equipment. Lastly, the

PMO will energize its "Click It, Ticket It" and "Booze It, Lose It" campaigns. These campaigns will mainly be focused during the holiday weekends on Memorial Day, 4<sup>th</sup> July, and Labor Day.

Please be careful, and help the PMO along with SNAP keep 80th a safe place to live!

"Sexual
misconduct is
not accepted
and goes
against our
Army values"





#### 80th Area Support Group

Interested in Volunteering ??? Contact your SNAP Office:

Marcia A. DeVille, Coordinator 80th ASG PMO-SNAP Unit 21419 Bldg. 20134 APO, AE 09708

Phone: 068-27-6143 DSN: 361-6143 Fax: 068-27-5969

Making Neighborhoods Safer is a SNAP!

The Safe Neighborhood Awareness Program is here to serve the 80th ASG SHAPE/ CHIEVRES Community. And to better serve our soldiers and their families we have designed a new Newsletter that will be available monthly and will provide helpful safety tips, an informative message from the Force Protection Division of the Office of the Provost Marshal, along with a Special Message from the Provost Marshal.

#### **Community Reminder Notice!!!**

Kid Kredential's Child Identification program will be held June 14-17th at the SHAPE Elementary School. SNAP is looking for volunteers, to ensure that this program is a success. If you are interested in volunteering for this program contact Marcia DeVille.



## SNAP Introduces Safety Automated Hotline 068-27-6300

Are you interested in helping your community to stay safe? Become the Provost Marshal Offices eyes and ears by reporting suspicious activity to the SNAP Safety Hotline. This hotline is a new initiative by SNAP that allows you to remain anonymous to our automated system.

A Safe Neighborhood Starts with Safe Soldiers, Safe Adults and Safe Kids! Help SNAP in our quest to combat



Making Neighborhoods Safer is a SNAP!

crime and terrorism in our communities. This hotline is only for non-emergency issues. If you have an emergency please contact the Chievres MP Emergency Line at 068-27-5114.

